#### Adapting to stress in medical school

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### **Asian Grading Scale**

bell rings. 100 A - average B - Belan Averge C - Can't have dinner D - Don't come hand F - Frid a new fait

## who am i?

### Stress

- Studies
- Hall Life
- Ward duties
- Future specialty choices

## how did she know that ?







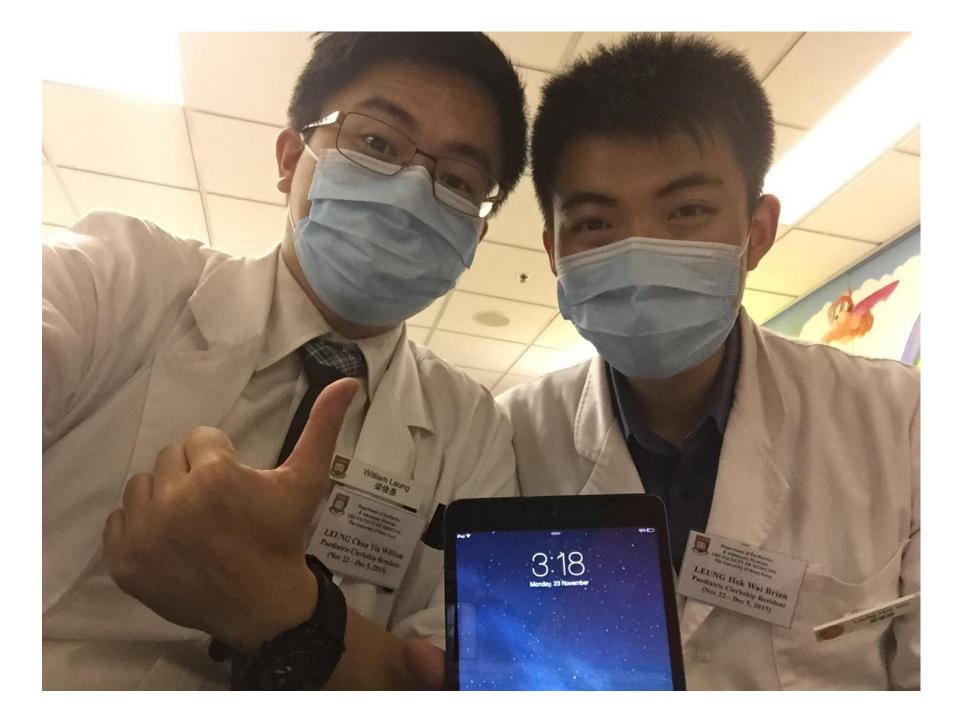


#### med students with hall life ?





## ward duties



identifying specialties of interest

# self-expectations

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